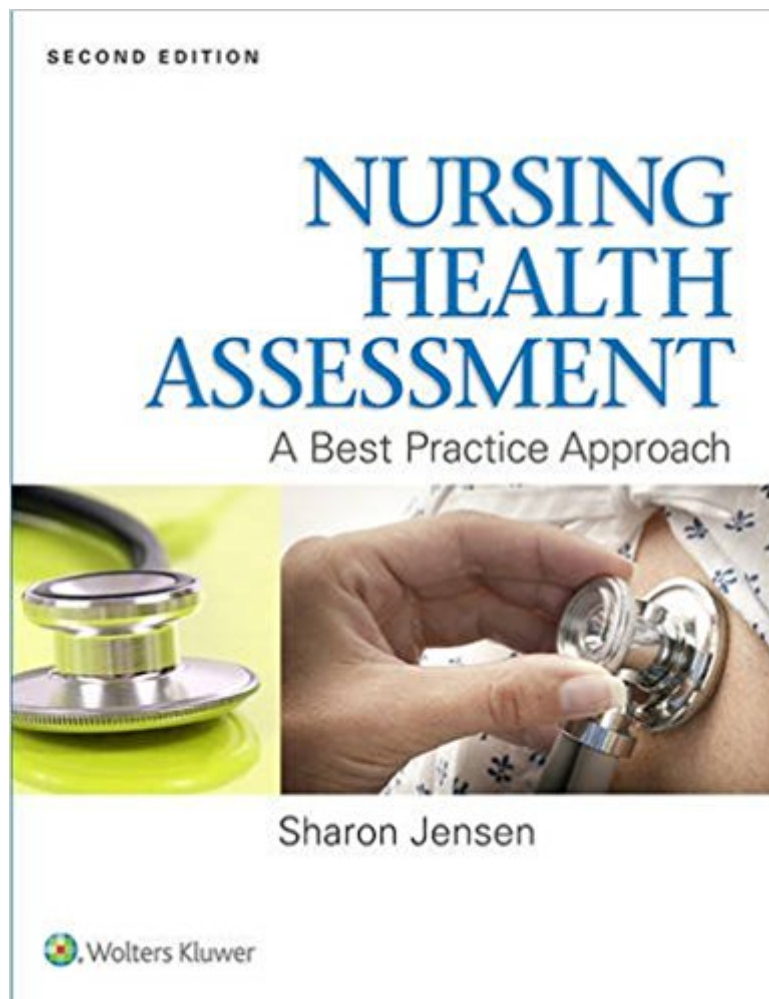




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# Nursing Health Assessment: A Best Practice Approach



## Synopsis

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Develop the assessment knowledge and skills you need for clinical practice with *Nursing Health Assessment: A Best Practice Approach, 2e*. This proven book emphasizes health promotion, risk factor reduction, evidence-based thinking, and diagnostic reasoning. You will learn strategies for adapting questions and techniques when communication is challenging, the patient's responses are unexpected, or the patient's condition changes over time. Unique features help you apply and analyze concepts and prepare you for effective practice in any health care setting.

Normal and abnormal findings are presented in side-by-side columns and comprehensive examinations are included for each topic. Additional features, online resources, and book-related media build on the in-text cases to reinforce correct elements of subjective and objective data collection and variations necessary for different problems, age groups, and cultures.

**Learning Objectives** highlight the key information you need to master by the time you have completed the chapter. **Hundreds of full-color photos and illustrations** help you retain important concepts. **Clinical Significance** features highlight content critically related to clinical application. **Safety Alert** boxes present important areas of concern or results that require immediate intervention or adjustments. **A Threaded Case Study** in every chapter demonstrates real-world application through a wide range of innovative features. **Therapeutic Dialogue** displays provide examples of "less effective" and "more effective" communication to help you hone the communication skills you will use with patients when gathering assessment data. **SBAR Framework** (Situation, Background, Analysis or Assessment, and Recommendations) helps you organize details when coordinating referrals or other patient advocacy needs. **Documenting Abnormal Findings**: The results from the case are charted using the four techniques of physical assessment (Inspection, Palpation, Percussion, and Auscultation). **Analyzing Findings**: A sample SOAP note (Subjective Data, Objective Data, Analysis, and Plan) shows you how to analyze assessment information and plan care based upon the assessment. **Reflection and Critical Thinking**: One priority problem is identified and a plan of care is developed based upon the assessment. **Structure and Function Overview** sections review anatomy and physiology and provide additional content on variations related to lifespan and culture. **Acute Assessment** sections summarize emergency signs and symptoms to look for and immediate assessments and interventions to implement. **Subjective Data Collection** sections focus on areas for health promotion, risk assessment, and health-related patient teaching. and provide focused assessments for common symptoms. **Objective Data**

Collection sections cover equipment, preparation, techniques, normal findings, abnormal findings, lifespan and cultural adaptations, and sample documentation. Evidence-based Critical Thinking sections explain how nurses analyze findings and take the next steps to address patients' concerns. Sections include Common Laboratory and Diagnostic Testing, Nursing Diagnosis/Outcomes/ Interventions, Organizing and Prioritizing, Collaboration with Other Health Care Professionals, and Applying Your Knowledge. Tables of Abnormal Findings cluster common abnormalities related to the specific assessment with compare-and-contrast information on key data points. NCLEX Review sections include 10 NCLEX-style test questions per chapter to help you master concepts and prepare for the boards.

## Book Information

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## Customer Reviews

This book is horrible, there are so many mistakes and It does not explain abnormal findings good at all. The prep-U that also goes along with the book is full of mistakes!!!! It will tell you an answer is wrong then it will give you the same question and if you pick the answer it previously said was correct, then that is wrong too!! Then if you go to the page the explanation says to go to, the info is not even there. I wouldn't even give this book one star

This book is terrible!!! I am embarrassed that my school actually uses this book. There are several spelling and grammar mistakes as well as contradicting information from other textbooks. This book is set up terribly making it almost impossible to find any information. I really hope my school realizes

how terrible this book is and finds another more useful and error free book for future classes. I would not recommend this book to anyone unless your school requires it. Even then, I would try and find another better written book especially if you need to teach yourself this information

This book will help you ace you lab assignments because you will be able to read/see pics of the different disorders & more importantly how you should document them on your lab sheets (in your own words of course). It helped me get 100% on my full body assessment lab final! As for lecture it was nearly useless, I had to use various books & internet resources to full grasp the topics given. I hope this helps :-)

After reading the reviews here, I rented instead of buying. That was a good move. Ugh, this book is full of errors, both factual and typographical. The layout is dreadful, and every time I try to look something up in the index, it's just not there. The end-of-chapter questions give no rationale with the correct answers. I was required to have the lab manual as well, and having worked through several chapters, I've already noticed that some of the information in the manual directly contradicts what is in the textbook. That's so frustrating. The writing itself isn't so bad, it's just hard to work around all those other issues to see that.

The text attempts to organize itself...but it's not done in a manner that has helped me retain any of the information. I'm not sure how other health assessments books are, but this one opens with a decent amount of anatomy, which is of course useful, but I wish it also had a LITTLE BIT of physiology to explain WHY the abnormal findings are abnormal. It feels like the physical assessment, which to me is what should make this text worthwhile, is thrown in the middle and poorly explained. I don't hate this text, but it doesn't get me excited about health assessment.

This book is HORRIBLE. One of my least favorite textbooks of all time, and I've been a student my entire life. The information seems to be biased and incomplete. I've read 75% of this book and in nearly every chapter the abnormal findings focused on minorities especially black people. There seems to be no disease conditions or alterations that are more common in white people.

Great product! Fast shipping!

This text was disappointing. I didn't like the make up of the chapters, they were all over the place. If

your a new grad, use what you have for assessments.

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